

SCHOOL LIFE

The best chess players

On 18th January, 2014 , was held the traditional chess tournament for students from different schools in Plovdiv. The best young chess players in the city met there. Our school was represented by Georgi Kolev - 2nd grade, Yaroslav Dokuzov - 4th grade - the team captain , Rositsa Kostova and Ivaylo Roussinov from 7th grade. The game was tense and challenging. There were 20 games for each team . Our school had only one loss and took first place. We had our excellent preparation thanks to our good instructor Mr. Dimitar Ilchev . We thank him wholeheartedly !

Ivaylo Roussinov - 7th grade

Creative sparks

The National Art School " Tsanko Lavrenov " presented students' paintings at " Aleko Konstantinov" primary school . The exhibition, which was opened on January 14th, 2014 by Mr. Svetozar Chavdarov and Mr. Krasimir Angelov, is organized thanks to the Youth Academy " Creative Sparks ". This is a project of the "Fire of Orpheus" foundation, chaired by Mrs. Eugenia Tagareva , who welcomed the participants, introduced the event and announced a drawing contest on the theme "My Hometown", inviting students from " Aleko Konstantinov" School to participate in it with their works. Both schools are partners in this project, enabling them to implement other ideas for cooperation in the field of art .

Club "Media " Aleko " "

Children's Works

My dream trip

I love travelling , but I'm too young to travel. So I close my eyes and imagine that I am at a place I dream to be. And here I am in a boat along the Amazon. Around me only a dense jungle and the wonderful voices of the birds. Suddenly something shook my boat. A huge crocodile slid past me and disappeared into the deep water. How many such crocodiles are there? I got chills and started rowing faster. My aim is to find a friendly tribe and stay with them. I only wonder, when I get home, how to thank them because they have no mobile phones and the Internet.

Vasil Krastenov 3rd grade

My journey

I dream to go to Africa. I know that various animals can be seen there. For me the most interesting animal will be the fennec. It is a very interesting animal to watch. I'll be happy if I meet the king of animals - a lion. It would be fun to play with monkeys. I will watch with interest the cheetahs chasing their prey.

After this trip I will return home with many impressions. This will help me one day when I grow up to make my other dream come true - to become an animal researcher.

Zlatomir Angelov 3rd grade

My dream

The future of man is related to space. I dream to create a flying saucer with which to fly in space. I want to visit the nearest star, Proxima and one of its planets to meet others beings like us. I am confident that we will become friends and share thoughts and dreams. I know that in space it's very dark. This is because there is no atmosphere. Stars look much bigger and give out stronger light. I hope to see through the manhole of our flying saucer another flying saucer that is looking for other worlds just like us. I want to meet with them and make friends, invite them to come to Earth and visit us.

Ivaylo Manev 3rd grade

SCHOOL FOR PARENTS

Dealing with anger

People who cannot control their anger are quickly left without friends. It's not easy to teach your children to control unpleasant emotions. The child must understand that there is someone who is more powerful than angry outbursts and negative emotions. If he concludes that his parents retreat whenever he gets angry, the child will use this anger to get what he wants. Some children show their anger very quickly and need to learn how to control their impulses. They need to learn how to calm themselves. Try to discuss with them their own anger, the things that annoy them, and offer other ways to deal with these feelings. Difficult children can involve you in incredible drama in no time. Hysterical outburst occurs when there is no way to divert the child's behavior with words. The intensity of the conflict has reached such a point that rational discussions are not possible. Signs that things have escalated to hysterical outburst are:

- The dispute has passed from one topic to another by itself;
- The emphasis is more on the expression of anger or frustration, rather than solving the problem;
- One of the participants begins to worry for his safety
- There has already been an act or threat of physical abuse.

In a hysterical outburst your position is very important, and how well you know your child. Some difficult children, when they reach a hysterical outburst, need as much space and privacy. Useful strategies in this case are to leave them alone, to send them to their room, or you to get away i.e. to increase the physical distance between you. There are children who react very badly if you leave them alone. They can break something, hurt themselves or others, etc. Such children should not be left alone in a situation of a hysterical fit, and they should be under the control of an adult, while anger passes. The aim is to create conditions for soothing the situation.

Use as less words as possible. If you need to talk, do it quietly and with authority. Be with your child and use this time as an opportunity to show him that you love him.

Difficult children need skills to self-soothe, and before anger explodes. These skills can be mastered and practiced. It is good and we parents have our own techniques for dealing with the emotions, which are often contagious.

*Zdravka Petrova – pedagogical adviser,
on Andrew Fuller's book "Difficult Children"*

LIBRARY – INFORMATION CENTRE

The Fable

The fable is a short verse or prosaic work that teaches moral lessons. Often literary works of this kind are written in the form of a dialogue. The special feature of the fable is a brief summary of the incident and the lack of details. Usually the characters in the fables do not evolve and are clearly contrasted. The action happens quickly. It also has a satirical focus, criticizes and ridicules some moral faults or events in the world. By ridicule and caustic language the author makes the reader to reflect on the story, in order to find and understand the messages in it. Heroes of the fable are people, animals, objects and plants. Most preferred are the images of animals, objects and plants which often take human features, abilities and personality.

Greeks claim that the father of the fable is Aesop. More than 300 works are known as Aesopian fables. They are short and concise in form. Their language, as the language of every major artist is very clear and precise.

The fables of Jean de La Fontaine (1621-1695) are for children - a magical world populated with intelligent and talking animals, and for adults - fascinating stories that reveal the very essence of human nature. But his works are not as mentoring, as those of Aesop, and are written in verse.

Elena Penisheva - school librarian

LANGUAGE PAGE

“Invictus” is a short Victorian poem by the English poet William Ernest Henley (1849–1903). It was Nelson Mandela’s favourite poem.

INVICTUS

Out of the night that covers me,
Black as the pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.
In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.
Beyond this place of wrath and tears
Looms but the horror of the shade,
And yet the menace of the years
Finds and shall find me unafraid.
It matters not how strait the gate,
How charged with punishments
the scroll,
I am the master of my fate:
I am the captain of my soul.

Ivan Ganev - English and Geography teacher

ECOLOGY

Soil Protection

Soil is the upper layer of the ground, the foundation upon which was formed life on our planet. The plants are supported on the soil and extract water and nutrients from the latter by their roots. The soil is seen as a living system, since it is occupied by numerous living organisms. The formation of soil takes a long time. The formation of the 30 - cm layer happens for a period of 1000 to 10,000 years - a very long process that soil can be considered a non-renewable resource. Factors that affect the formation of soil are living organisms - plants, animals, human activity, microorganisms, topography and weather conditions. Soil is more than just an inert environment - it is a dynamic, living system built of organic and mineral components, operating in a network of cavities and pores filled with liquids and gases. The soil fauna and flora convert organic matter into humus, which is then coupled with the mineral mass. Soil is necessary for the growth of cereals, fiber and wood and is an important component of all earth ecosystems. Due to its static character, the soil absorbs easily any harmful substances released into the environment for various reasons. Since the period of degradation of these materials is considerably longer, when they are present in the soil than in the air or in the water, the problem often remains longer hidden.

Main problems of the soil in Bulgaria

Bulgaria is characterized by a great variety of soils, regardless of its small territory. This is due to various landscape, climate, plant and geological conditions. Prolonged use of soil also contributed to their diversification. Strategic approaches to soil contamination requires both preventive measures and restoration of contaminated soils and groundwater. Preventive measures consist in reducing pollution from industry and the protection of soil and groundwater. There are different technologies for processing contaminated soil - digging, washing and removal of contaminants.

Maria Miteva - by materials from the Internet

FUN PAGE

Diamonds

Diamonds are the hardest natural minerals. It is believed that if they are acquired in a fair way, they keep from evil forces and bring health to their owner. From archaeological findings it is clear that the diamonds have been known and valued since 3000 BC.

In fact, diamonds were first discovered in India. They were formed in the earth millions of years ago by the synchronic action of two important factors - high temperature and high pressure. Volcanic eruptions push them to the surface of the Earth. Once the lava cools, it becomes a special type of soil, called kimberlite. Just below it, diamonds can still be found.

Carat is the unit of measurement for gemstones - 1 carat is equal to 200 mg. Due to the tremendous value and exceptional beauty, diamonds are registered. The most beautiful diamonds adorn royal crowns or are in royal treasuries. The price of each diamond is determined by four criteria - the weight, color, transparency and the processing of the stone. When a diamond is cut so that it has 57 facets, it is called a brilliant.

Club "Media " Aleko " " by materials from the Internet