

## **SCHOOL LIFE**

### **CHILDREN'S RADIO THEATRE**

At the end of the school year 2012/2013, the club "Media" Aleko "" received an irresistible invitation from Michael Grablev, a radio journalist at Radio Plovdiv - to visit his show "Sunday Club" and within four programs to prepare and present favourite authors and works for children.

This adventure we called "Children's radio theatre - our favorite books come to life." And on November 17<sup>th</sup>, 2013 we made the first broadcast on the air and presented our first favourite author - Astrid Lindgren.

Club "Media" Aleko ""

### **A trip to Anevo Fortress**

It was 23<sup>rd</sup> November, 2013. My classmates and I, all members of the club "Young environmentalist", together with Mr. Ganev, our Geography teacher, started our trip to Anevo Fortress. We arrived after an hour. When I looked up I thought: "How are we going to climb up there?" It was very high and steep. We walked up in a single line. There were many obstructions – a narrow wooden bridge, a pile of stones and a metal ladder.

We crawled like ants, but did not give up. Finally we climbed to the top and in front of us the wonderful sight of Anevo fortress appeared. This is one of the best preserved Bulgarian fortresses from the Second Bulgarian Kingdom. The main entrance is located on the south side of the fort. Archaeological excavations have found that in the fortress was situated a monastery complex which consisted of three separate churches.

From the castle there is a wonderful view to the valley. The weather was sunny and we made great pictures. The way down was much easier and we hurried to find a place for lunch. Then danced, we ran around and laughed. After all, we are children, and the games are fun for us. Finally it was time to go. We were tired, but full of pleasant impressions and good emotions we headed back to Plovdiv.

Ekaterina Grozeva, Class 5a

Club "Young Environmentalist"

## **SCHOOL FOR PARENTS**

### **How to talk to teenagers?**

1. Demonstrate sincere interest and respect! Teenagers do not like to be treated like children, nor to be told what to do. Although still inexperienced, they think just like adults. It will be best if you show them respect and value their opinion.
2. Spend time to talk with teens! Use their interests and needs!
3. Do not make teens feel uncomfortable! Do not insult them if they do not know something or is unable to do some work!
4. Praise them whenever you get the chance! Good self-esteem is important for the success of your teenager. Try to assess what you do more – do you criticize or encourage your teenager! Tell your child how proud you are that he or she is your son or daughter!
5. If you treated the teenager in a wrong way, you should have the courage to apologize. Thus you will gain his trust and respect.

The skills to communicate with your teenager are gradually built. They appear as a result of communication with adolescents in previous periods of their development. The main obstacle

to good communication in the teenage years is the shame that parents feel - they think that the topics are too "embarrassing" to be tackled. The truth is that teenagers already know much more than you think. The teenagers will share more when they are confident that they can always come to the parent when having a problem, when they trust him and feel safe.

Zdravka Petrova – pedagogical adviser

## **LIBRARY – INFORMATION CENTRE**

Why is it extremely useful to read?

Over the weekend one of the greatest pleasures that you can enjoy is reading! And if you haven't done it recently, then we should motivate you. Because besides entertaining reading is very useful! It is a great way to get rid of the accumulated stress and make you dream. There are many benefits of reading for the mental state of a person and for his physical state. Now you pay attention to the most important reasons.

Reading makes us think. It stimulates the brain activity and generally supports the functions of the brain. And brain, just like the body, needs exercise. Well, reading gives it that exactly! Reading frees us from stress. It gives us a reason to stop, to escape for a while from the hectic daily schedule and move into another world. Reading enriches us intellectually.

Hardly anyone would dispute this statement. Reading books reveals different perspectives, enriches our vocabulary and makes us reflect on our own beliefs and perceptions. Not to mention that in many books one can find invaluable information. Reading gives us more ideas. It has been shown that people who love to read are more creative. You never know when and what from what you have read will help you solve a problem in reality.

Reading is the best sedative. At night it helps the body to relax and is a signal that it's time to rest. And even better is that reading is a prerequisite for good and sound sleep.

## **Maria Callas – 90<sup>th</sup> Anniversary**

The real name of the legendary opera singer Maria Callas is Maria Anna Sofia Cecilia Kalogeropulu. Her life was dynamic and interesting. Her parents were Greek. She was born in New York on December 2<sup>nd</sup>, 1923. She returned to Greece to study opera singing. She became known in Italy, where her debut at La Scala was. She sang on the most famous opera stages around the world. An interesting fact of her life is the longstanding relationship with the Greek millionaire Aristotle Onassis. She died on September 16<sup>th</sup>, 1977, at the age of 53 in Paris, France.

Remarkable are her performances in the opera, Tosca 'and Madame Butterfly "by Puccini,, La Traviata" by Verdi,, Norma " by Bellini.

The script writer Niall Johnson and producer Stephen Margolis decide to shoot a film about the life and works of the opera singer Maria Callas. The film will be made on her biography book "Too proud, too fragile" written by the Italian author Alfonso Signorini.

Elena Penisheva – school librarian

## **LANGUAGE PAGE**

### **CHRISTMAS JOKES**

Do you have any Christmas jokes you would like to share?

Send them to us and we'll include them here.

What do you call people who are afraid of Santa Claus?

- Claustrophobic

What do snowmen eat for breakfast?

- Snowflakes

What's red and white and gives presents to good little fish on Christmas?

- Sandy Claws

What do we call Santa when he stops moving?

- Santa Pause!

Where does a snowman keep his money?

- In a snow bank.

If Frosty the Snowman married a vampire, what would they name their child?

- Frostbite!

What Christmas song is hidden in the alphabet?

A B C D E F G H I J K M N O P Q R S T U V W X Y Z

Noel (No "L")

### The Gold Wrapping Paper – A Short Christmas Story

Once upon a time, there was a man who worked very hard just to keep food on the table for his family. This particular year a few days before Christmas, he punished his little five-year-old daughter after learning that she had used up the family's only roll of expensive gold wrapping paper.

As money was tight, he became even more upset when on Christmas Eve he saw that the child had used all of the expensive gold paper to decorate one shoebox she had put under the Christmas tree. He also was concerned about where she had gotten money to buy what was in the shoebox.

Nevertheless, the next morning the little girl, filled with excitement, brought the gift box to her father and said, "This is for you, Daddy!"

As he opened the box, the father was embarrassed by his earlier overreaction, now regretting how he had punished her.

But when he opened the box, he found it was empty and again his anger flared. "Don't you know, young lady," he said harshly, "when you give someone a present, there's supposed to be something inside the package!"

The little girl looked up at him with sad tears rolling from her eyes and whispered: "Daddy, it's not empty. I blew kisses into it until it was all full."

The father was crushed. He fell on his knees and put his arms around his precious little girl. He begged her to forgive him for his unnecessary anger.

An accident took the life of the child only a short time later. It is told that the father kept this little gold box by his bed for all the years of his life. Whenever he was discouraged or faced difficult problems, he would open the box, take out an imaginary kiss, and remember the love of this beautiful child who had put it there.

In a very real sense, each of us has been given an invisible golden box filled with unconditional love and kisses from our family, friends and God. There is no more precious possession anyone could hold.

## ECOLOGY

### How to preserve the Black Sea

The Black Sea area is 420 000 km, its maximum depth is 2245 m, and the average depth is 1240 meters. Six countries border on the Black Sea - (225 km) Russia (800 km, incl. Azov Sea), Turkey (1329 km ), Ukraine (2 782 km,incl. Azov Sea). The population along the coast is about 16 million people.

The deep waters do not mix with the upper layers of water that receive oxygen from the atmosphere. As a result, over 90% of the deeper Black Sea volume is anoxic water. The Black Sea only experiences water transfer with the Mediterranean Sea.

In the Black Sea there are about 2000 species of animals and 1,000 species of plants. The flora of the Black Sea covers 292 species macrophytes, about 700 species of algae microphytes, a number of bacteria, fungi and only a few species of flowering plants. Salinity is a decisive factor for the formation of the flora in the sea. The temperature of the water plays mainly a regulating role, which manifests itself in a seasonal change of algal complexes. In the Black Sea 1966 species have been identified. Among these animals are included many Mediterranean species as well, which are believed to be unable to fully adapt to the living conditions in the Black Sea.

The Black Sea is inhabited by about 180 species of fish and three species of dolphins.

Marine plankton organisms that cannot swim are transported by currents. They are imported by the flow coming through the Bosphorus and then most of them fall in surface currents.

Julia Kovacheva – Biology teacher

## **FUN PAGE**

### **The longest living animal**

Ming the clam is 507 years old and is the longest living animal on Earth, according to scientists who opened the mollusc to verify its age.

It was living on the seabed near Iceland when scientists from the University of Bangor caught it while studying the climate change seven years ago. By the rings on the inner side of its shell they originally estimated it to be 405 years old. Then they realized they had made a mistake and it is 100 years older. The clam could reveal secrets of longevity.

According to biologist Doris Abel, Ming lived so long because of a slow metabolism (metabolism - the sum of all chemical processes in the body's cells, cell - the basic structural unit of a living organism).

Club “School Media “Aleko””,

By materials on the internet