

## **ALEKO-on line,**

### **Issue 87**

#### SCHOOL LIFE

During the past week our school was a host of the partner countries in the "Comenius" program. We met guests from Great Britain, Spain and Turkey. One of the highlights of the project the teams from the different countries work on was the complete involvement of students in the planned activities.

Unforgettable experience for everyone was a joint participation of guest students and our students in creating drawings and messages of their own that would remain as a memory for their stay in our country. That initiative was cheered with extreme excitement and enthusiasm.

The children worked out an overall picture from each team and then painted all together. In this way they managed to communicate between each other as well as to have fun.

Polya Mandulova - project coordinator for "Aleko Konstantinov" school

#### SCHOOL FOR PARENTS

##### *Children and School without a primary teacher*

By fourth grade, children have a basis teacher who has been with them almost all the time. Primary school teachers perform functions as a teacher, educator and supervisor. For most children between first and fourth grade in the elementary school the teacher becomes a kind of a second mother. In fifth grade, all this clear structure of authority and caring is changed. Our children enter a new stage of growing and one of the challenges is the lack of a primary teacher. He is substituted by a class teacher who optimally has five or six hours a week with the kids. In other classes the students are with other teachers.

The period of the fifth grade coincides with the beginning of a new crisis of child development: our children become teenagers. During this stage, your child grows the key interests. Determining for this age is the importance of social life, the construction of the first true and strong friendships, including the first love. Children grow up and move from an early stage in the fifth grade, thus some space is formed for new leadership contest in the class. The relationship between children become unstable and chaotic. This process can occur in two ways - successful or unsuccessful. Unsuccessful would be if it occurs uncontrollably and chaotically, when children are left alone to fight for leadership without clear criteria - whether the leader will be the child who wants to know more or that with a late-model expensive mobile, or the child who behaves arrogantly with other teachers. A successful process is when the class teacher is able to spend in full with his class, so that children can explore or rediscover their

new roles of adult students. There are enough opportunities for the class to organize their time outside the compulsory school hours: the class teacher lessons , trips , walks in the park etc.

Therefore, it is better to be aware that our children are experiencing a major change. Even if we can not see it, we could try to remember how we felt ourselves when we were their age. The best decision is to be filled with love and patience.

The text is from "Welcome to the 5th grade" - a manual for parents of fifth graders

Association of Parents ([www.roditeli.org](http://www.roditeli.org)).

## LIBRARY – INFO CENTRE

### *October 25 - International Women's Day in the struggle for peace*

It was first celebrated in 1980 by a decision of the International Democratic Federation of Women.

### *Nobel Peace Prize*

The Nobel Peace Prize is one of five Nobel prizes, established in 1895 under the will of the Swedish industrialist and inventor Alfred Nobel. Since 1901 the prize has been annually awarded on the day of Nobel`s death which is December 10.

Unlike the Nobel prizes in Physics , Chemistry , Medicine and Literature, which are given each year in Stockholm, the prize for peace is given in Oslo.

**Wangari Maathari** : Born on April 1, 1940 in Ihite , Kenya

Died on September 25, 2011 (at the age of 71) in Nairobi, Kenya

Wangari Maathai is a Kenyan social activist , environmentalist activist

and winner of the Nobel Peace Prize for 2004. Thanks to her favorable activity deforestation of the African forests and turning them into a desert was stopped . For 25 years of activities, participants in the green environmental movement of Maathai called “ Movement of the Green Belt”, managed to plant more than 20 million trees across Africa. She is an active defender both of the environment and the women`s rights.

### **Indira Gandhi**

Indira Priyadarshini Gandhi - Indian politician, Prime minister, President of India from 1966 to 1977 and from 1980 to 1984

Born: November 19, 1917, in Al- lahabad, India

Killed: 31 October 1984, in New Delhi, India

Awards: Lenin Prize for peace

### **Mother Teresa (1910 - 1997)**

Gonca Agnes Bojaxhiu (Albanian: Agnes

Gonhha Vojahhiu), better known by her monastic name Mother Teresa, was an Indian Catholic nun of Albanian origin. In 1948 Mother Teresa began a solo mission work among the poor in Calcutta, initially establishing a school. In 1950 she received a permission from the Vatican to create the Congregation diocese, which became the basis of Order of Missionaries of Charity.

### ECOLOGY

#### *GREEN OLIMPIADE*

Dear students ,

The educational portal Academica BG for the second consecutive year is carrying out the " Green Olympiade " initiative, which aims to increase the knowledge about environment and to build a responsible attitude towards nature. The second edition will be entirely online through tests, tailored to different age groups. They are already uploaded to the online platform called **zelenaolimpiada.bg** . There you will check your knowledge about nature preservation. The most successful students will be given awards. Students who want to take part are expected to express their desire to their class teacher.

#### CURIOUS FACTS ABOUT WATER:

- Cold water contains fewer germs.
- 80% of a newborn weight is water.
- Pure water has a neutral pH i.e. it is neither acid nor a base.
- A drop of dishwasher consumes only 10 liters of water.
- Taking a shower instead of a bath saves water enough for 1,000 cups of coffee weekly.
- For half an hour the garden sprayer consumes as much water as a four-member family for a day.

Gergana Stoitsova - an elementary school teacher – by Internet materials

## FUN PAGE

### *CANDY AS A FAVOURITE DAINTY*

Candies were brewed even in ancient Egypt. Refined sugar was not recognized during that time.

So that's why honey was used as a sweetener . The main ingredient of the old candy were the fruits of date palms . Dates, honey and almonds for a long time have been used in the manufacture of candy in several Asian countries. There is an old Roman recipe where nuts and poppy seeds are boiled with honey and then the received goody was sprinkled with sesame seeds .

Everything changed when in the seventeenth century in Europe were imported the first quantities of sugar and pastry turned into a culinary art.

In 1875 the Swiss Daniel Peter mixed cocoa paste with condensed milk, thus milk chocolate was made (so Peter , a pharmacist called Nestle and two confectioners named Kohler and Kaye created the " Nestle " brand) . Four years later, another Swiss - Rudolf Lind patented a revolutionary device which could stir and smooth out the chocolate mass, while it has become a fine mousse, whose unique taste is unchanged until today.

Now the abundance of candy is amazing. Depending on the methods of production there are different types: with and without coating, of chocolate with and without filler in various forms and shapes, with decorations ( assorted type ), with powdered sugar, with or without a pack ( colored paper or foil ), arranged in beautiful candy boxes or in ordinary bags, with different supplements - milk, jelly, candied fruit liqueur and cognac , caramel , etc.

"Media School" Aleko " Club

Translated by P.Mandulova