

## **SCHOOL LIFE**

### **Extracurricular Activities**

#### **A school trip to Radilovo**

Each year, students from the fifth grade visit the village of Radilovo, the place where the writer Aleko Konstantinov was killed. This year, accompanied by their class teachers, the students saw the site of the assassination. Here stands the monument of the Lucky man, which will forever remind future generations of his bright personality. Students talked about the life and work of the writer. They read extracts from his most famous works, "Bai Ganjo" and "To Chicago and Back". They left flowers at the monument, which expressed their honour and respect for their patron.

*Rosa Zafirova - Teacher of Bulgarian language and literature*

#### **The Days of Aleko**

Within the traditional days of Aleko, was held a drawing competition on the theme "Images from the works of Aleko", and essay competition on the topic "Bay Ganyo today". The best drawings were arranged in an exhibition and you can read the essays in our school newspaper. We thank all our participants!

#### **COMPETITION**

On May 19<sup>th</sup>, 2013 the regional competition of school teams in first aid was held. Our school team took part in it. Mia Todorova, Ivaylo Roussinov, Simeon Stalev, Dara Georgieva and Radina Sapareva competed with teams of up to 6 schools from Plovdiv and the region.

The competition took place at the Rowing Channel and within six hours the students had to demonstrate their knowledge and skills in first aid in emergency situations such as car crash, dog bites, fractures, stabbing, heat and sun stroke. It was very intense, but also fun because they participated in different games. Although they had trained the least of all, they finished fourth. Hopefully next year "Aleko Konstantinov" School will achieve greater success

Radina Separeva - Class 6a

## **Football Tournament**

We were divided in two groups. We took the second place in our group and this determined us to play finals for the 3<sup>rd</sup> and 4<sup>th</sup> place. We played with “Hristo Botev” School and we lost 2 0. Thus we finished 4th, and the 1<sup>st</sup> place was taken by students from “Kliment Ohridski” School. I hope next year we do better!

*Garabed Derderyan – Class 4b*

## **Athletics relay race "Record"**

**8 starts, 8 cups, 48 medals for our school**

**Again, we are one of the best in town**

On 19<sup>th</sup> May, 2013, students from "Aleko Konstantinov" School participated in the 65th National Athletics Relay "Record" 2013, recorded in the book of Guinness World Records as the oldest national relay. The school performed well in all age groups:

- Second age group boys (1st and 2nd grade) won 2nd place
- Second age group girls (1st and 2nd grade) won 3rd place
- Third age group boys (3rd and 4th grade) won 2nd place
- Third age group girls (3rd and 4th grade) won 2nd place
- Fourth age group Boys (5th and 6th grade) won first place
- Fourth age group girls (5th and 6th grade) won 3rd place
- Fifth age group boys (7th grade) won 2nd place
- 5th age group girls ( 7<sup>th</sup> grade) won 3rd place

The winners were awarded with cups, medals and prizes from Refan and it was very tiring but enjoyable.

*Maria Mincheva –Class 3g*

## **A Trip to Bratzigovo**

On May 13th, students from 1<sup>st</sup> grade were impatient to go on their first school excursion. They visited the ethnographic complex in the town of Bratzigovo. They saw the house and monument of Vasil Petleshkov. In the “Ceramic Spectrum "Art Studio they coloured ceramic figures. They also played football and dodge ball on the playground of the complex. The children were tired but happy and satisfied with the experience.

*Class teachers of 1<sup>st</sup> grade*

## **PROJECT SUCCESS**

### **Presentation of the Club "Fairy Tale - Grammar of Fantasy"**

Emotional, interesting and with a lot of fun was the presentation of Class 3a. This time, the children surprised their guests with a tale, specially written for the occasion. They made their costumes themselves. They acted out the play and had fun for an hour. A lovely and funny story, played by young actors, which received many deserved applauds and smiles. The biggest surprise for the children was the already finished book of their stories, anecdotes, limericks, fantastic stories and riddles. This book is a reward for their work and diligence. Dear children, thank you for the effort.

To work together on the project with you was a pleasure!

*Victoria Stoyanova – Primary school teacher,  
Head of club "Fairy tale - grammar of fantasy"  
under the "Success" Project*

## **SCHOOL FOR PPARENTS**

### **The Emotions of Children**

The ability to perceive and understand our own feelings and emotions, to express and regulate them, we now call emotional competence. It also includes the ability to recognize and understand the feelings and emotions of other people, to show empathy. Children are not born with innate ability to understand and regulate their emotions, they imitate their parents. Accordingly, the way parents perceive and regulate their own emotions and those of their children, is essential for the development of emotional competence in children.

#### **How parents can positively influence the development of emotional competence of their children:**

- \* To express openly their own emotions;
- \* To create a family environment that encourages open expression of both positive and negative emotions;
- \* To be responsive to the emotional needs of the child;
- \* Often to talk to their children about feelings and emotions;
- \* To help children to manage, especially negative emotions;
- \* Gradually to build skills, so that children can self-regulate their emotions

## **Behaviours of parents, with a positive influence on the development of empathy:**

- \* Expressing of sympathy and empathy;
- \* Finding options for expressing negative emotions, which don't harm others;
- \* Talking about the feelings and emotions of others;
- \* Encouraging children to accept and understand the needs of others.

## **What NOT to do?**

- \* Do not ignore and deny the feelings and emotions of your child;
- \* Do not try to divert your child's attention from negative emotions;
- \* Do not leave your child alone to deal with emotions, while developing skills adequate enough for this. Help your child.

## **LIBRARY - Info Center**

### **105 years since the birth of Mladen Isaev – a Bulgarian poet (1907-1991)**

Mladen Mladenov Isaev was born on June 7<sup>th</sup>, 1907 in the village of Balyuvitsa, Berkovitsa region. He studied in his native village and in the neighboring village of Zamfirovo, and high school - in Berkovitsa and Vratsa. He participated in the September 1923 uprising, and in 1926 he immigrated to Yugoslavia. After the amnesty in 1926, he returned to Sofia.

Mladen Isaev wrote thirty books for adults - poetry, essays and memoirs. In 1938 his first books for children were published: the collection of stories "The Deer and the Mountains" and the poetry book "The Forest Lad." Among twenty of his books for children, stand out: the novel "Wild Bear" (1948), "Land of Heroes" (1953), "Our beautiful land" (1955), "Fairy land" (1964), "High blue Mountains" (1966), "In the Land of the Sun" (1977)

*Ina Bandzhakova, School librarian*