

E-Journal of "Aleko Konstantinov" Primary School

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"Aleko Konstantinov" Primary School-

THE FIRST SCHOOL IN THE COUNTRY THAT APPLIES AND CONTINUES TO IMPLEMENT PROGRAMS 'LIONS QUEST'

'Lions quest' - for social and emotional education of children with the active participation of parents and community.

The first project of Lions Quest in Bulgaria was successfully completed. The program found the application in a number of schools in Plovdiv, Stara Zagora, Burgas, and the first in the country which implements the program is "Aleko Konstantinov" Primary School.

After passing month training in September, our school has already six teachers who are trained to implement the program. The first certified National trainer of "Lions Quest" - Ms. Daniela Bukovich - works in our school. She trains teachers, psychologists, social workers at national level. During the current school year the program will run six groups of students. They will be able to build different social and emotional skills: to build self-confidence and communication skills, to create friendships and resist negative pressure, to make good decisions, and more.

Special interview with Mr. Stein- senior trainer in "Lions Quest" at international level.

Question: Mr. Stein, tell us more about you.

Answer: I've worked with the Lions Quest program for 22 years. I've been a teacher for 17 years and advisor to teachers, students and parents. I am also a father of four kids.

Question: How many countries are working with the program 'Lions Quest'?

Answer: Total 72. I have worked in 23, I'm working with some of them at the moment, too. Some new countries, such as China, Korea, Lebanon and others joined us.

Question: How does the program work?

Answer: We want to achieve a good school climate. This program uses activities where children get to know themselves better, have fun together and feel sure in rules, environment and justice. It is important that teachers have the support of parents, educational institutions and the community to be able to reach the effect they need for students and teachers, to prevent violence and solve conflicts with ease.

School for Parents

Right or Left

How to let our kids grow naturally

A couple of generations, there was a strong Right-handed preference and parents tried to convince their children to use mainly their right hand. Nowadays, parents leave children to develop themselves naturally and rarely try to impose preferences of the child.

Which hand to use often depends on our personal preference. According to family statistics it is: In pairs, which are right-handed, 90% of the cases, the child is also right-handed.

For couples which are left-handed, 50% of the cases, the child is also a lefty. In mixed pairs, 80% of the cases, children are right-handed.

You could argue that this parent affects more than genetics and it is responsible for the dominant right-handedness, but you should know that even babies show their own preference for one of the two sides.

Parents who consciously try to focus their children to use one of two hands more typically they drive their children to use their right hand. Most of them do that to facilitate the child because most things are made for right-handed. Also there are theories that left-handed people are more prone to epilepsy, to have problems with learning or autism, but in terms of what scientists are inconclusive.

Most experts advise that parents should simply allow their children to use the hand that they are most comfortable with, without to worry about.

Zdravka Petrova – Pedagogical Advisor

Patriotism

The First Balkan War

(1912–1913)

Historical preconditions for the outbreak of the war are set in unfair decisions of the Berlin congress (1878), which leaves large areas populated with Bulgarian, Greek, Serbian and Albanian in the Ottoman Empire territory. In virtue of the Berlin Contract, our country is fragmented in several parts such as Macedonia and Adrianople Thrace which are returned under the direct authority of the Sultan.

In 1912, the Balkan countries are rising to protect their rights and liberty. Bulgaria, Serbia, Greece and Montenegro are in an alliance.

Edirne operation is highest achievement of the military art of the Bulgarian army during the Balkan War. First in the world, it holds an army-night operation against a fortified area, and assume greater inhabited point, using the first samples of army spotlights.

By mastering the Edirne we have achieved important military, political and strategic results which led to the end of the Balkan War.

Zorka Hristova- - primary school teacher

The security of the school is carried out by "Informa" - LTD.

Last week no recorded incidents.

SECURITY OFFICER

Classes on duty for the week are:

Class 4 a- class teacher Eliana Shtereva

Class 7 a - class teacher Rila Adzhelarova

Happy birthday to all those born in this week! Best wishes for health and good luck!