

## **ALEKO – ONLINE**

Issue 163, 2016

### SCHOOL ACTIVITIES

#### QUIZ

##### *CHRISTMAS AND NEW YEAR CUSTOMS AND TRADITIONS*

On December 14, students from the fourth grade participated in a quiz held in the House of teacher where they showed their knowledge of Bulgarian habits and traditions together with students from three other schools in Plovdiv. Radoslav Peev from 4a, Bozhidar Popov and Diana Dobрева from 4b, Christian Rusev from 4c took part in the team. Christian opened the quiz with a story of St. Nicholas feast and Diana described the family traditions on Christmas Eve. The jury set an excellent assessment to the team and awarded the participants with treats and certificates.

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Tahchieva, Shtereva, Terzieva, class teachers of the fourth grade

#### QUIZ

##### *I LOVE BULGARIA AND BULGARIAN LANGUAGE*

On December 12 a traditional quiz for the fourth graders was held at school called 'I love Bulgaria and Bulgarian language'. Participants were divided into teams of 5 students who competed in 4 rounds of the areas of Bulgarian grammar, Bulgarian literature, history and geography.

The first place went to the team of 4b class. The children showed a lot of knowledge working in a team with great desire.

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Tahchieva, Shtereva, Terzieva, class teachers of the fourth grade

### PROJECT ACTIVITIES

#### *'NATURAL CROUSEL' club*

'Natural carousel' club continues its activities during this school year. Students from 2c class watched with great interest the changes in nature in the autumn, took care of the school green cells as well as of the cherry-laurels tree which they planted and grew by themselves.

Objectives of the club:

- Formation of knowledge about nature, plants and animals.
- Nurturing responsibility to our environment.

Gergana Stoitsova, Head of the club

#### *'BREAK' music studio*

Music is constantly around us. Children love to sing and dance and the classes in 'Break' music studio enable them to rationalize their free time through communication art.

The project aims to help developing the musical talent of students through a variety of activities - studying musical theory, vocal performances, playing musical instruments. Through active participation and empathy in the creative process, participants will realise their musical and artistic talents, and their participation in various shows and programs

They will support the realization of the value of the Bulgarian national traditions and culture.

Nina Dimitrova, Head of the club

### *'CHILDREN'S PLANET' club*

It's a vocal group from 4c class in which the children sing, get acquainted with the folk song traditions, develop their musical skills and talent. The club continues the activities of the students with musical talents, shown in the first grade, who learned and performed songs on the occasion of school holidays and concerts. The children themselves choose the group name, the songs and costumes to perform. The activities in the club join the students together and enrich the class life.

Todorka Tahchieva, Head of the club

## A SYSTEM FOR CAREER GUIDANCE IN SCHOOL EDUCATION PROJECT

### *'CAREER' CLUB*

#### *A VISIT OF 3a CLASS IN THE CAREER CLUB*

Third graders from our school also had the opportunity to visit 'Career' club and immerse themselves in the world of professions. First were the students from 3a class with their class teacher Mrs. Stoyanova. The children quickly realized that an amusing lesson is ahead and smiles brightened their faces. They proved to be extremely informed and ambitious young 'professionals'. They showed very good knowledge of professions and skills that someone needs to have to exercise one profession, or another.

The children talked about their parents' professions and what they like about them. They shared what they want to become when they grow up, and how they have chosen this profession.

Students participated actively in the games and discussions, learned new things and had fun.

We expect you to look again at our Club to learn and play together in the world of professions!

SCHOOL FOR PARENTS

*CHILDREN AND TECHNOLOGIES*

We present to you six of the most common hazards associated with modern technology facing our children and families today, and ideas on how to find decision.

1. Digital devices are used as toys to distract attention when there is nothing else to do.

**Sensible decision:**

Improve your relationship by stopping to perceive devices as toys, take them just like tools and instruments. Create rules in the family with clear details how and when to use various technologies.

2. Children have their own digital devices

**Sensible decision:**

Define how necessary for a child is to have such a device. Let the child use a phone or other similar device, but not own it. If the child has already adopted it as a possession, remind him that always can be introduced new rules for the use of that device.

3. The belief that your child will never get stuck to the device or will fall into something inappropriate in the Net.

**Sensible decision:**

Do not allow your child to have a digital device in his room, especially at night. The most frequently visited unsuitable sites are when people are alone with their devices. Give the rule that no technological equipments are allowed in the bedroom and at night the parents are responsible for them.

4. To let the children use digital devices whenever they want

**Sensible decision:**

Determine the exact hours of activities with digital devices and teach the children that even if something is promised, it can always be changed and you are right to say 'no'.

5. To allow your children to create passwords for their devices

**Sensible decision:**

Parents should control protection measures and the time of use. You can even install filters in the phones to get a back report for the use. Be in the same room when children use these devices. This will guarantee that the sites in the network places are visible for you.

6. Do not talk often about the dangers in network and inappropriate use of devices!

**Sensible decision:**

It is sufficient to spend 15-30 minutes weekly to talk with the children to protect them from the impact of digital technologies. These discussions can build strong relationships that are the foundation of great understanding and friendship between children and parents for life.

*'If you want your children to be smart, read them stories. If you want them to be very smart, read them many stories'.*

*Albert Einstein*

What do children want? - To love them and say it and show it every day. To have more time for them, to listen to them, play with them, share and have fun together!

Why should we do it? – Not to miss every wonderful moment with our children in order to enjoy the small daily things which, however, are so significant!

Make every moment with your children special so that they can feel themselves special!

Victoria Stoyanova, Head teacher

### REFERENDUM

Let the Christmas spirit of good bring purity of the mind and deeds; health and perseverance in defending the spiritual values of our people; inspiration and confidence in our integration in a world without frontiers of knowledge and spirit!

Dear colleagues, be strong, dedicated and very happy! We wish you bright Christmas and New Year holidays!