

ALEKO – ON LINE

Issue 128, 2015

SCHOOL LIFE

NO VIOLENCE AT SCHOOL

Dear classmates, the last week of February is dedicated to the idea "School without Violence".

We have prepared a series of activities with which we want to declare our active position of rejection of violence and bullying among students. We urge all of you to add meaning to your relation and behavior towards the other children in school or outside. Have you ever observed or participated in situations in which you feel insecure, insulted or offended? What can we do together not to feel like that?

We, the students of the School Parliament, drafted a school curricular value system, which contains principles and values for good relationship between us. Hopefully, we all stick to it, so that we can feel at ease and secure in school.

School without violence - Value system of Aleko Konstantinov Primary school

We, the students of "Aleko Konstantinov" school, we are tolerant and benevolent.

We accept each other's differences and the right of everyone to have their own opinion.

We disagree with those who use violence to achieve their goals.

We prefer to communicate in words and smiles.

We try to be polite and kind to each other.

We resolve conflicts with discussions and compromises, not with aggression.

We do not allow bullying among students.

We treat others as we wish to be treated ourselves.

Friendship and cooperation are important to us.

We are ready to help those who are in need.

At school we are together to learn and share successes, opinions, dreams.

Students from the School parliament

National Competition of Creative Writing in English, 2015

The Bulgarian competition of creative writing in English was held for the first time in 2011 as part of the "International Olympiad in writing", a project of volunteers from the Peace Corps in different countries. The competition is organized by the "Corps of education and development - KORPlus" supported by the Ministry of Education and Science.

For the second consecutive year, students from sixth and seventh grade in our school participated in the race. On 02.10.2015 within 60 minutes they had to write an essay in English language on one of three interesting and unusual topics.

For the sixth grade students the topics to be chosen were:

“How the ladybug got her spots”; “Amazing rainbow door”; “When candy grew legs”.

For the seventh graders the following topics were offered:

“Children should not play with ghost stories”; “If you could give a peacock a paintbrush”; “A bottle's Journey”.

The essays will be evaluated by a regional jury, and the best of them will be sent to an international jury to select the winners in each age group.

Good luck to our contestants!

Exhibition dedicated to the 142nd anniversary of the death of the Apostle of Freedom - Vasil Levski

Students from the seventh grade showed admiration and reverence to the noble personality of the Apostle by their drawings.

Most of them chose to recreate the image of Levski, sealed in their mind as an example of a holy man who fought for the freedom of Bulgaria.

“Success” project

Pleinair - "I paint the world around us"

In "I paint the world around us" pleinair, headed by Elena Georgieva, took part students from 5th and 6th grade who, besides a great gift to paint, have a desire to improve their skills and are implemented in this field.

Studying of various means of expression in the visual arts is included in the sessions as well as materials and techniques. Visits to museums and examination of a house from the Revival period, its exterior and interior are planned, also making Christmas decorations. A "Drawing with spray" topic is set, too. The purpose of this pleinair is to improve children`s skills in making different personal types of drawings and images. An exhibition event is planned which will include most of their works.

We have also organized a visit to the Art Gallery, the students aiming to paint a picture copy of a Bulgarian classic.

IN THE WORLD OF ART

145 years since the birth of Angel Bukoreshtliev

(January 31,1870 – January 3, 1950)

Angel Atanasov Bukoreshtliev is a Bulgarian public figure, composer, choral and orchestral conductor and folklorist. One of the pioneers of Bulgarian professional music and a representative of the so-called first generation of Bulgarian composers.

He was born in the village of Plevnya, Drama (today in Greece) and a brother of officer Andrew

Bukoreshtliev and Botev's detachment Sava Bukoreshtliev. In 1890 he graduated the Organ School in Prague. Participated in the creation and the first appearances of the opera department of the Metropolitan dramatic opera company. He was the first concert piano performer in Bulgaria, performing a concert on the stage of the Military Club in Sofia in 1890

SCHOOL FOR PARENTS

What is violence?

What is harassment?

According to the Law of "child`s protection" violence" is every act of physical, psychological or sexual abuse, neglect, commercial or other operation leading to actual or speculating harm of the health, life, development or dignity of the child, which may take place in the family, school and social environment.

Physical violence is "causing personal injury, including causing pain or suffering without health disorder.

Psychological violence are "all actions which may have a harmful effect on the mental health and child`s development, such as understatement, mocking attitude, threatening, discrimination, rejection or other forms of negative attitudes and non-ability of parents to ensure appropriate supportive environment.

Harassment is a form of violence, which is determined as a conscious summary of negative actions which

are fixed and targeted to a student by another student or a group. The following behavioral characteristics are a key to understand bullying:

- a malicious event, which aims to hurt or humiliate a child;
- it is performed by a position of strength, as one person uses its dominant position to injure another person physically or mentally, to humiliate or isolate him from the social life;
- it is repeated several times over time, and is not a single and isolated act of aggression.

Harassment can cover a very wide range of behaviors. It can be expressed in direct attacks (hitting, threatening, menace, irritation, mockery, calling offensive nicknames, sexual remarks) or be indirect (such as spreading rumors or encouraging others to reject or exclude from a friendly environment).

Harassment acts can generally be divided into the following major groups:

-Physical abuse - pushing, pinching, destroying, hitting, causing pain, tripping, closing in a room;

-Verbal harassment - intimidation, mocking, humiliation, threats, insults;

-Psychic - intimidation, mocking, joking, understatement, threats, blackmailing, damage of property, theft and throwing objects, unfriendly monitoring;

-Social bullying – avoidance, ignorance, exclusion from activities, spreading malicious rumors, pressure on others not to enter into friendly relations with children that are subject to abuse, isolation.

-Cyber bullying - harassment conducted on internet or by mobile phones. It includes sending or publishing photos and comments with offensive content humiliating the child's personality on the web.

IN THE FIELD OF JOBS

What job should I choose?

Geographer

A geographer makes researches of nature and the use of land areas, explores the mutual relations between man and nature. It examines the human impact on climate, soil, plants and animals in a given area, and the interdependence between regions.

He collects data on physical characteristics of a region, climate, soil and other vegetation. He advises governments and organizations establishing limits between nations or administrative divisions. He prepares reports on research on certain problems. He draws maps, graphs and charts and explores the characteristics of populations in an area.

To become a geographer, you must have a university degree in geography.

You can work in research institutes and companies, as well as in schools and universities as a professor of geography.

We wish you success in school and career choices!

Think about health: Lice

Head lice grow only in humans. They are gray and brown in color and range from 0.5 to

3 mm. They are usually transmitted through contact with infected hair to other hair. They are unpleasant but are not a danger for the health. However, they cause itching, through which most often they can be found.

However, if the child has been recently attacked, you may not notice them on time. When the creatures are removed away from the human host, they die within 24 hours. An adult louse lays 5-9 eggs per day, which are glued to the hair of approximately 1.5 cm from the scalp where it is warm.

New lice hatch after 7-9 days. Empty eggs, that are known as nits, remain glued to the hairs. They are white in color and there are no live lice. They can be removed by brushing with teensy part of a comb against lice.

Maria Adjarova, nurse

Happy birthday and congratulations to all those born this week!

Wishing you joy, health and success!