

SCHOOL LIFE

Achievements of our students

From 21st to 24th March, 2014 a National Olympiad of Chemistry and Environmental Protection was held in Bourgas. Radoslav Grozdanov and Tsvetina Stoyanova from the 7th grade had an excellent performance.

Excellent performance of students from the 4th grade at the National Conference in Philosophy in Bourgas.

On 21st March 2014, the 18th National Conference in Philosophy was held in the town of Bourgas. Our school participated for the first time - in the smallest category - students from the 4th grade. Children were asked to change the end of their chosen story. The conference was attended by 40 schools from the country. The event was hosted by "Bishop Konstantin of Preslav" Secondary School. At the conference there were representatives of the Ministry of Education, lecturers from the University, representatives of the Regional Inspectorate and teachers in Bulgarian language and literature. The jury awarded the best students.

Our representatives were Slavi Sotirov and Boyana Tsvetkovska. They presented their stories, versions of - "The sea child" and "The Little Match Girl." Slavi and Boyana got certificates. Slavi Sotirov deservedly won first place. He was rewarded with a book and a certificate which was given to him at the closing ceremony of the conference.

Victoria Stoyanova - Primary teacher

MUSIC GAME - "The key of music"

The National Music Competition for students from the 4th and 5th grade "The key of Music" is over. It was organized by the Ministry of Education. The students had to do 15 tasks. The competition was carried out in three rounds: municipal / school, regional and national. The regional inspectorate of education - Plovdiv hosted the national round of the competition "The key of Music" for the school year 2013/2014.

On 22nd and 23rd March it allowed competitors from across the country not only to demonstrate their knowledge and skills, but also to show their creativity. We want to share our pride that among the finalists were students from "Aleko Konstantinov" Primary School - Gabriela Maydozyan from Class 4B, Kalina Karaivanova and Maria Mintcheva from Class 4G, who performed excellently.

Vesela Ruseva - Primary teacher

PROJECT “SUCCESS”

Presentation of the Music studio “Music stove”

On 21st March, 2014 was held the presentation of the studio "Music stove" under the “Success”project. It was dedicated to the beautiful spring season. Girls dressed in folk costumes, presented the custom lazarovane with songs and dances. With their performance, they brought much joy and wished spring mood to everyone present.

Nina Dimitrova - Music teacher, head of the studio

FORTISSIMO IN CLASS

The lessons of "Fortissimo in class" which are performed with the assistance of the "America for Bulgaria" foundation, cover the music classes in the fourth grade. Professional musicians introduce children to the instruments of the symphony orchestra. A major inspiration for the program is the conductor Maxim Ashkenazi, and the ambition of the organizers and participants is to revive the interest of young people to classical music.

Students learned about the history of the instruments, their structure and types, heard wonderful performances of musical works. The fourth graders had the opportunity to play some of the instruments and that caused a lot of excitement. With a very positive mood, they tried to produce the sound of wind instruments - some had more success than others. They eagerly await their next meetings with musicians from the Philharmonic orchestra.

Nina Dimitrova – Music teacher

April 23rd - World Book and Copyright Day

23 April is a symbolic date for world literature. It is on this date in 1616 that Cervantes, Shakespeare and Inca Garcilaso de la Vega all died. It is also the date of birth or death of other prominent authors, such as Maurice Druon, Haldor K.Laxness, Vladimir Nabokov, Josep Pla and Manuel Mejía Vallejo.

It was a natural choice for UNESCO's General Conference, held in Paris in 1995, to pay a world-wide tribute to books and authors on this date, encouraging everyone, and in particular young people, to discover the pleasure of reading and gain a renewed respect for the irreplaceable contributions of those, who have furthered the social and cultural progress of humanity. In this regard, UNESCO created the World Book and Copyright Day.

Elena Penisheva - School librarian,
on materials from the Internet

School for Parents

How to raise happy children

What makes children happy, it may seem quite surprising. Experts in child development say that happiness is not something you give to your child like a beautifully wrapped gift.

"Actually, over-satisfied children - those who are constantly given toys, and those who are kept away from any emotional discomfort - are more likely to become bored, cynical and joyless teenagers," says Edward Hallowell, a psychiatrist and author of "Childhood Roots of Adult Happiness"

"The best prerequisites for happiness are found in children themselves," said Hallowell, who pays particular attention to how important it is to build internal tools which children could rely on throughout their lives. The good news is that you do not need to be an expert in child psychology to be able to build inner strength and wisdom, with which the child can handle the difficult and easy times in their lives. With patience and flexibility every parent can lay the foundations of a happy life for his child.

Learning to interpret the signs

Your children can very clearly show if they are happy or not. Their faces shine with a radiant smile or they cry inconsolably when they are not able to find their favorite toy. Children have their ways to show that they do not feel well. When you know the character of your child, you will be able to deal better with his/ her temperament and various emotional states.

Let your children have fun

Games create happiness, but they are also a way to develop your child's skills, which are essential for future happiness.

Help your children develop their talents

The recipe for happiness, according to Hallowell includes a surprising factor: the happiest people are those who have managed to improve some of their skills. For example, when children learn to throw the ball, they learn from their mistakes, they learn patience and discipline, and finally feel pleasure of the success achieved by their own efforts.

Healthy bodies, healthy children

Plenty of sleep, movement and healthy food are natural exercises - giving your children time to run around, help them feel happy.

Zdravka Petrova – Pedagogical adviser, on materials from the Internet

21st March – International Day of Forests

The United Nations General Assembly proclaimed **21 March** the International Day of Forests. The Day celebrates and raises awareness of the importance of all types of forests. On each International Day of Forests, countries are encouraged to undertake local, national and international efforts to organize activities involving forests and trees, such as tree planting campaigns.

Forests and trees sustain and protect us, providing clean air and water, safeguarding biodiversity and acting as a buffer against climate change. For many people they also offer food, shelter and employment. It is up to us in turn to sustain and protect our forests.

*Julia Kovacheva - Biology teacher,
on materials from the Internet*